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**Toll Free**  
1.877.290.0808  
www.pchs4u.com

## Special Support Services

Would you like help to manage your immediate needs?

We can connect you and provide you with information and referrals related to :

- Financial issues
- Employment
- **Family relationships and parenting**
- **Education,**
- Health Care
- Housing
- **Legal consultation services**
- Food and clothing
- Cultural, spiritual and social connections
- **Any settlement resources based on your needs**

\* Services are offered in English and Arabic

If you can't reach us, we can reach you!  
All services are provided at no cost!

**Get the right support and open the gateway to a better future!**

Mississauga Office  
2980 Drew Rd. Unit 241  
Mississauga ON, L4T 0A7  
Mon. to Fri. 9 am to 5 pm

Punjabi Community Health Services  
"Serving Diverse Community"  
**905-677-0889**  
www.pchs4u.com

Brampton Office  
50 Sunny Meadow Blvd., Unit  
207 Brampton ON, L6R 0Y7  
Mon. to Fri. 9 am to 5 pm



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